



multiple Brain Integration Techniques

Become a certified mBIT Coach

If you're feeling ready to expand and align with your inner wisdom to make wiser decisions, this course is for you!

Using mBraining, a simple and gentle, yet highly effective approach to how you can achieve greater clarity, peace and strength in all your endeavours; from day-to-day living, to personal development and much more...

Secure your space now on this amazing
4 day programme:

18th - 21st July 2024

Held at:

Manor Hotel, Meriden, UK

Close to Birmingham International Airport & train station





On this training you will discover

- How to quickly relieve stress by balancing the autonomic nervous system through the mBIT Balanced Breathing method
- How to recognise and interpret the different languages of your three main intelligences and what it means
- How your brains are able to grow new neural pathways and the benefits of positive language
- Learn how your multiple brains produce internal conflict and what you can do about it
- Gain deep insights into how to align the communication between your multiple brains for greater intuition to make wiser decisions

This certification will transform you both personally and professionally!

What people said about our last course:

'From day one I knew I was in the right place and where the course would take me. Mandy embodies the essence of mBIT and is such an inspiration, it was invaluable to take time out of my business to fully appreciate this unique opportunity'

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Who will benefit from this training?

This training is ideal for anyone who works with people, especially: Leaders, business owners, managers, people helpers and coaches, or for your own personal development to make wiser, more sustainable decisions in a fast paced world.

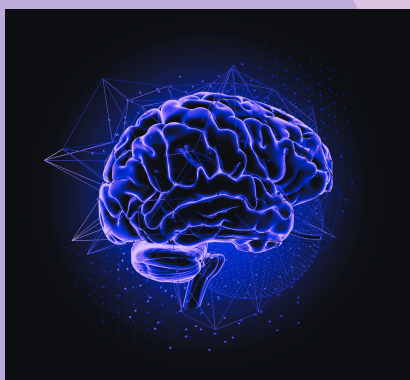
What is mBIT?

mBIT (multiple brain integration techniques) is a fascinating and life changing coaching method that is practical, highly effective and benefits anyone who wants to learn how to optimise their multiple brains to make wiser decisions and align with their true self.

mBIT combines neuroscience and ancient wisdom with the knowledge of Neuro-Linguistic Programming (NLP), Behavioural Science, and various modalities to align our multiple brains so that we benefit from the wisdom of our whole being.

mBraining (Multiple Brains) is a revolutionary approach rooted in neuroscience that acknowledges multiple functional neural networks/intelligence within us.

On this course we focus on our Head, Heart, and Gut intelligences, often referred to as our 'three brains'.



Head Brain
Beyond thinking,
it's our problem solver
and creativity hub



Heart (Cardiac System)
More than a pump, it's
the center of emotions,
empathy & connection



Gut (Enteric System):
Beyond digestion,
it's our intuitive guide
to move forward



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Grant Soosalu

The founders of mBIT



Marvin Oka

Grant Soosalu and Marvin Oka are the visionary minds behind mBraining and mBIT. Their partnership and combined experience gave birth to the groundbreaking publication "mBIT: Multiple Brain Integration Techniques - Using Your Multiple Brains to Do Cool Stuff," in 2012.

Grant Soosalu had a multidisciplinary background in psychology, applied physics, and computer engineering. He was a certified Total Quality Management (TQM) Trainer, a Master Practitioner and Trainer in the behavioural sciences of Neuro-Linguistic Programming (NLP) and Advanced Behavioural Modelling.

Marvin Oka is a globally sought after international consultant and speaker, specialising in pioneering behavioural change technologies.

"The latest findings in neuroscience lay out the map, behavioural modeling research provides us with the journey's route, and mBIT and mBraining give us the means and tools to start travelling now."

~ Grant Soosalu & Marvin Oka ~

REGISTER NOW



mandy@thealignmentcoach.com



www.thealignmentcoach.com



About your trainer

Mandy has held multiple senior positions at C-suite level within global companies, and has been coaching and mentoring people throughout her career.

She is a fully qualified Master Practitioner and Coach in NLP (Neuro Linguistic Programming) and also trained in Hypnotherapy, Timeline Therapy and Reiki.

Not long after qualifying as an mBIT Coach, Mandy left her highly successful corporate career to launch her own company; MDS Alignment Ltd, and fulfil her mission to bring more heart-centred leadership into the business world as the Alignment Coach.

Mandy went on to become a certified mBIT Coach Trainer to help others qualify in this unique coaching practice, and is now one of less than 200 mBIT trainers of in the world!

*'Something about mBIT clicked for me and brought everything together.
For the first time in my life, I learned how to align with my head, heart and gut,
profoundly changing my perspective on how to live a better life and make wiser decisions.'*
~ Mandy Deakin-Snell ~



The Manor Hotel, 127 Main Rd, Meriden, Coventry CV7 7NH



About the Venue

Meriden is known as the historic centre of England and this fact has been marked for centuries by an ancient cross on the village green.

It lies in the rural 'gap' between Coventry and Birmingham and was given the name locally to the precious Green Belt of attractive countryside and villages that lie at the heart of the most economically successful area of the West Midlands.

Course Details

Date: Thursday 18th July 2024 to Sunday 21st July 2024

Time: *9:00 - 18:00 daily (*Arrive at 8:30am for a 9am start)

Investment: £1395* (including daily lunch and refreshments)

**Pay only £1195 with our early bird discount of £200
when paid in full before 30th April 2024*



Terms and Conditions

Withdrawing from the course after enrolment will incur a charge of 10% of the course fee to cover administration costs. Withdrawal from the course within 1 month prior to start date incurs a charge of 25% of the course fee. Withdrawal from the course within 2 weeks prior to start date incurs a charge of 50% of the course fee. Withdrawal from the course within 1 week or after commencement of the start date, the full course fee applies.

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